



नेताजीसुभाषक्षेत्रीयकेंद्र  
**NetajiSubhash Regional Centre**  
Sarojini Nagar, Kanpur  
सरोजनीनगर, कानपुररोड,  
लखनऊ-226011 Lucknow-206011

SAI/NSRCL/NCOE/TKO/002/2019/

07/05/2022

To,

Sh. Lalit Kumar Tirkey,  
Former Player & International Referee

**Sub: Invitation for Taekwondo Selection Trial at SAI NSRC, Lucknow**

Sir,

I am pleased to inform you that as per approval on SAI HQ TEAMS DIVISION vide File No: 01-26022/3/2022-HO-Teams Division a selection committee consisting of the following is being constituted for necessary action to facilitate and advise Holistic and inclusive actions for fair and transparent selection trials for major upcoming taekwondo competitions. SAI NSRC Lucknow will be the nodal centre for providing logistics support. The members will be required to attend meetings on zoom and also trials as and when required and decided mutually for which **TA/DA will be paid as per norms.**

**Selection committee:-**

1. Mr. Rakesh Kumar Singh, Chairman (Former player, Retd. SSB Coach)
2. Mr. Deepak Pant, HPM SAI
3. Ms. Sandhya Bharathi, SAI Coach
4. Mr. Joseph, Coach (Govt. Of Mizoram)
5. Mr. Lalit Kumar Tirkey (International Refree, Former player)

Kindly inform your employer/concerned regarding this important assignment so that you are able to spare time and attend meetings and trials as per requirement.

This issues with the approval of competent authority.

Regards,

(Arunlal.V)  
Assistant Director

## SELECTION TRIALS FOR UPCOMING MAJOR TAEKWONDO CHAMPIONSHIPS

Selection trials of senior Taekwondo athletes (Men and Women) in the Kyorugi, & Poomsae events for upcoming major taekwondo championships/events shall be held from 20<sup>th</sup> May 2022 to 26<sup>th</sup> May 2022 at SAI Regional Centre Lucknow followed by National Coaching Camp for Kyorugi and Poomsae for Asian championship from 27<sup>th</sup> May 2022 to 22<sup>th</sup> June 2022 as applicable FOR ASIAN GAMES IDENTIFIED EVENTS in preparation for 7<sup>th</sup> Asian Poomsae & 25<sup>th</sup> Asian Taekwondo championship at Chuncheon, Korea. Trials will be held on KPNP PSS as per the latest WT Competition Rules and Interpretation. All the details regarding criteria and eligibility are provided in the website [sportsauthorityofindia.nic.in](http://sportsauthorityofindia.nic.in) and <http://sailucknow.in>.

***All eligible athletes are required to register online by 18<sup>th</sup> May 2022 as per below the link given below:***

***(<https://forms.gle/M53X3brgG6f3XLAu7>)***

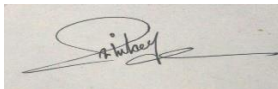
**1. Competition Eligibility Criteria-in accordance with article 4 of WT competition rules: qualification of contestants.**

All athletes have to produce and attach the following documents.

1. A copy of valid Passport (Min.6 month validity from the dt of competition).
2. A copy of valid GAL (Global Athlete License).
3. Copy of WT Black belt DAN Certificate.

**2. Age Qualification:**

- a. Kyorugi- 17 years or older in the year of the competition. Athletes born in 2005 or before are eligible.
  - b. Poomsae- 18 years or older) in the year of competition i.e. 2022. Athletes born in 2004 or before are eligible.
- **Kyorugi :** Kyorugi Team 12 Male & 12 Female will be selected in 6wt categories each as per decision of the Selection committee (constituted for the purpose by the competent authority) for National coaching camp on the basis of performance in respective weight categories. Since Asian Games have been rescheduled, hence the date of sending entries into Asian Championship is 31<sup>st</sup> May 2022.



- **Kyorugi-(WeightCategory): WT Competition Rules and Interpretation (Inforce as of June1st,2022).**

- c. Male-U-58, U-63, U-68, U-74,U-80,O-80 Kg , Athletes finally selected in U-58and O-87 categories can opt to participate in theU-54/O-87 wt categories.
- d. Female-U-49, U-53,U-57,U-62,U-67,O-67,.Athletes finally selected inU-49and O-67 categories can opt to participate in theU-46/O-73wt categories.

### **Total 5 members**

- **Recognized Poomsae:**

- a. Individual men and women(1)18-30yrs,U 40,U 50,U60,U-65,O-65
- b. Pair mix(2)
- c. Men and Women team (3)total five members.

### **Freestyle Poomsae:**

- a. Individual men and women
- b. Pair
- c. Mixed Team

(Composition of 5members including more than 2Males & 2Females)

Division		Over17
Age		18YearsOld and Over
Individual	Male	1
	Female	1
Pair		2
Mixed Team		5(+1Substitute max.)

(Only Asian Games focused events and age categories will be provided with financial support other categories have to finance their visit through their sources.

### **Eligibility Criteria for appearing in the selection trails:**

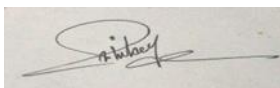
- 1- Indian athletes in World Taekwondo Ranking list between 01 to 150ason 1<sup>st</sup>May 2022or medalist of any WT recognized championship since2018.
- 2- All Medalists of scheduled National championships organized by any faction in Cadet, Junior, and Senior categories since 2018 including School National Games (SGFI) and all India University Games, all India police games. **Who full fill the above mentioned age criteria.**
- 3- All Medalists of Federation cup since2018.
- 4- Gold Medalists of respective State championships.2021-2022/latest only.

**The deserving athletes are required to register online on the link given below and the prescribed format along with credentials. (Last date of registration18<sup>th</sup>May 2022.)**

**(<https://forms.gle/M53X3brgG6f3XLAu7>)**

### **2. Weigh-in:-**

- a) General weigh-in of the contestants shall be organized one day prior to the competition.
- b) The random weigh-in will take place at the venue in the morning of the competition.








All contestants who pass the general weigh-in must be present for random weigh-in maximum two (2) hours before the start of the competition. Should a contestant fail to appear for the random weigh-in, he/she will be disqualified.  
There will be **ZERO TOLERANCE** on any overweight other than the chosen Weight Category.

### 3. Equipment: -

- The Selection Trail (Kyorugi) will be conducted on KPNP.PSS.
- Only E-Trunk Protector & E-Head Protector will be provided by the organizing committee.

**\*The Sensor Socks shall be brought by the Athlete individually.**

**\*There will be no boarding or lodging for athletes for attending the selection trails.**

- 4. Commencement of National Camp-**Athletes finally selected in 6wt categories in kyorugi and Poomsae (Asian Games event)for attending the National camp will be Paid /reimbursed TA/DA as per camp norms on production of tickets/proof for others it will be at their own cost.

- **National Camp will start on 27<sup>th</sup>May 2022.**

### 5. Competition Trials Schedule-

Competition will be held during Morning to Evening in Single Sessions on **KNOCKOUT BASIS** (loser of each bout will be immediately eliminated).

Date	Time	Details/Particulars	Weight
20.05.2022	3:00Pmto5:00 Pm 6:00Pmto7:00 Pm	Reporting and Weigh-in Male Coaches Meeting &Drawing of lots	U-58 Kg , & U-74Kg.
21.05.2022	8:00Amto8:00Pm 4:00Pmto6:00 Pm 6:00Pmto7:00 Pm	<b>Preliminary to Final Matches - Poomsae</b> <b>Preliminary to Final Matches - Kyorugi</b> Reporting and Weigh-in Male Drawing of lots	Recognized Poomsae Individual M & W Freestyle poomsae Individual M&F U-58 Kg & U-74 Kg. U- 63 Kg & U-80kg
22.05.2022	8.00Amto8.00PM 8:00Amto8:00Pm	<b>preliminary to final matches Poomsae</b> <b>Kyurogi_</b>	<b>Recognized Poomsae pair and team-M&amp;W</b> <b>Freestyle poomsae pair and team</b>

	4:00Pmto6:00 Pm 6:00Pmto7:00 Pm	Preliminary to Final Matches  Reporting and Weigh-in Male  Drawing of lots	<b>U- 63Kg &amp; U-80 Kg</b>  <b>U-68 Kg &amp; Over-80 Kg.</b>
<b>23.05.2022</b>	8:00Amto8:00Pm  4:00Pmto6:00 Pm 6:00Pmto7:00 Pm	Preliminary to Final Matches  Reporting and Weigh-in Female  Drawing of lots	<b>U-68Kg &amp; Over-80 Kg.</b>  <b>U-49Kg &amp; Over-67 Kg.</b>
<b>24.05.2022</b>	8:00Amto8:00Pm  4:00Pmto6:00 Pm 6:00Pmto7:00 Pm	Preliminary to Final Matches  Reporting and Weigh-in Female  Drawing of lots	<b>U-49 Kg &amp; Over- 67 Kg.</b>  <b>U-53Kg &amp; U-67Kg</b>
<b>25.05.2022</b>	8:00Amto8:00Pm  4:00Pmto6:00 Pm 6:00Pmto7:00 Pm	Preliminary to Final Matches  Reporting and Weigh-in Female  Drawing of lots	<b>U-53 Kg, U-67 Kg.</b>  <b>U-57 Kg, U-62 Kg.</b>
<b>26.05.2022</b>	8:00Amto8:00Pm	Preliminary to Final Matches	<b>U-57, U-62 Kg.</b>

## 6. Covid Protocol Guidelines

1. Entry at main gate of the campus shall be strictly based on availability of RT-PCR report and names of players/officials in the list.
2. The athletes / officials have to furnish RT-PCR negative report (taken not before 78 hours).
3. No additional spectators will be allowed for selection trials.
4. All covid SOP guide lines need to be strictly adhered to.

**For any clarification, please contact the NCOE Lucknow Taekwondo Coaches on Mob.No. 9614247747, 9489216841 ,8281555591.**

